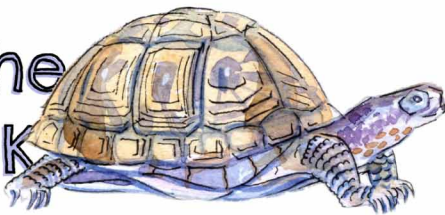


# Race the Tortoise 5k



Saturday, June 3rd, 2023  
O'Leno State Park, FL

Medals to all Finishers

## Entry Fees

Early discount through February 19th\* (see Mail-in) \$25  
February 20th thru Race Day \$30  
Age 14 and under \$10 at all times  
Run Your Own Race (any day you choose) \$20  
Park entry fee waived for participants only. Sorry NO REFUNDS

## Registration

### Online

<https://runsignup.com/Race/FL/HighSprings/racethetortoise5K>

Closes 6/2/23, 9AM EST

### \* Mail-in

Must be postmarked by 5/18/2023 for Early discount. See form below.

### Day of Race Registration & Packet Pickup

Dining Hall from 6:45 a.m. to 7:45 a.m.

**Hot Breakfast** One hot breakfast is included with your registration. Additional family & friends breakfast tickets are available for purchase for \$4 each with your online/mail-in registration, or \$6 each on race day.

**T-shirts** T-shirts guaranteed for Early Entry participants only.

**Race Website** <http://friendsofoleno.org/events/race-the-tortoise-5k/>

## Restrictions

For the safety of all: no pets, bicycles, skateboards, or skates allowed on the course. Strollers are permitted.

## Location

Six miles north of High Springs, FL on HWY 441

<https://www.floridastateparks.org/parks-and-trails/oleno-state-park>

**IMPORTANT!!! You must arrive before 7:30 a.m.**  
**Park gate closes at this time. Car pooling is a great help.**

## REGISTRATION FORM - PLEASE PRINT CLEARLY - One participant per form

2023 Race The Tortoise 5K · O'Leno State Park · 6/3/2023 at 8:00 am

**Mail to:** Race Director, Friends of O'Leno, P.O. Box 1401, High Springs, FL 32655

**Make check payable to:** Friends of O'Leno, Inc. **Postmark by 5/27/2023** to ensure pre-registration.

Name \_\_\_\_\_ Day Phone No. \_\_\_\_\_

Gender: **M** or **F** PLEASE CIRCLE ONE Shirt Size: **Y-S** **Y-M** **XS** **S** **M** **L** **XL** **XXL** PLEASE CIRCLE ONE Birthdate \_\_\_\_\_ Race Day Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State/Zip \_\_\_\_\_ E-Mail Address \_\_\_\_\_

# of Extra Breakfast tickets \_\_\_\_\_ @ \$4 ea. = \$ \_\_\_\_\_ Total amount of check \$ \_\_\_\_\_

I consider myself adequately trained for the O'Leno State Park 5K Run. I do hereby release O'Leno State Park and Friends of O'Leno, Inc., all sponsors, workers, and anyone involved in this race from any liability for accident, injury, illness, or death suffered by me in connection with this race. I attest and verify that I have full knowledge of the risks involved in this event. If I should suffer any accident, injury, or illness, I authorize the officials of the race to use their discretion to have me examined by EMT personnel and, if needed, transported to a medical facility. I will take full responsibility for this action. I have read the above release and understand that I am entering this event at my own risk.

The participant hereby grants the CSO or the Department permission to take and use photographs, audio, video or digital recordings made of the Event for publicity, promotional purposes, or other CSO or Department purposes.

Participant signature

Date

Parent/Guardian signature

Date

If participant is under 18 years of age